



molecularrecipe

WATTLESEED ICE CREAM.

250 g 35% CREAM

50 g SUGAR

2 EGG YOLKS

5 g WATTLESEEDS

30 mL BOILING WATER

EQUIPMENT: STRAINER 2 X S/S BOWL WHISK

- 1. Pour boiling water over wattleseeds and allow to soak for 30 minutes.
- 2. Whisk together the cream, sugar and yolks in a small pot and heat slowly until the mix begins to thicken.
- Remove from the heat. Pour through a fine strainer into a bowl and place onto another bowl filled with ice to cool.
- 4. Stir from time to time to cool the mix. Add wattleseeds and liquid.
- 5. Churn the mix in an ice cream machine or use liquid nitrogen and a stand mixer.



POWDER FOR TEXTURE