

POWDER FOR Lexiure

molecularrecipe

ICE CREAM PEARLS.

VANILLA ICE CREAM BASE:

250 g 35% CREAM

50 g SUGAR

2 EGG YOLKS

1/2 VANILLA POD (SCRAPE SEEDS OUT OF THE POD)

EQUIPMENT:
THERMOMIX
STRAINER
2 X S/S BOWL
SQUEEZE BOTTLE
LIQUID NITROGEN
SMALL WIRE LIFTER
12 OZ PLASTIC CONTAINER

- 1. Weight the four ingredients into the Thermomix.
- 2. Set the temperature at 80°C and the timer on 9.5 minutes.
- 3. Turn the speed dial to #4 for the cooking to begin.
- 4. When ready, pour through a fine strainer into a bowl and place onto another bowl filled with ice.
- 5. Stir from time to time to cool the mix.
- 6. Place the mix into a squeeze bottle and dispense into liquid nitrogen to obtain small pearls of ice cream.
- 7. Gather the pearls with a small wire lifter and place into a container into the freezer for 20 minutes to allow the pearls to warm to -18°C.

CAUTION:

DO NOT ATTEMPT TO CONSUME THE PEARLS DIRECTLY FROM THE LIQUID NITROGEN.



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