

## POWDER FOR Lexiure

## molecularrecipe

## COCONUT BOWLS.

14 oz COCONUT MILK 15 g SUGAR SYRUP

## **EQUIPMENT:**

3 OR 4 OZ SOUP LADLES
LIQUID NITROGEN IN STAINLESS
STEEL BOWLS LINED WITH
INSULATION FOAM

- Place the ladle in the liquid nitrogen for 5 seconds and then place it into coconut until it reaches the rim of the ladle. Hold for 5 seconds. Place back into the liquid nitrogen for 5 seconds.
- 2. Repeat the process of dipping into the liquid and then the liquid nitrogen twice more.
- 3. To remove the bowl from the ladle, fill the ladle with warm water (not above 60°C) and leave for 3-5 seconds.
- 4. Using a latex glove on the other hand, slide the bowl off the ladle and place in the freezer.





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